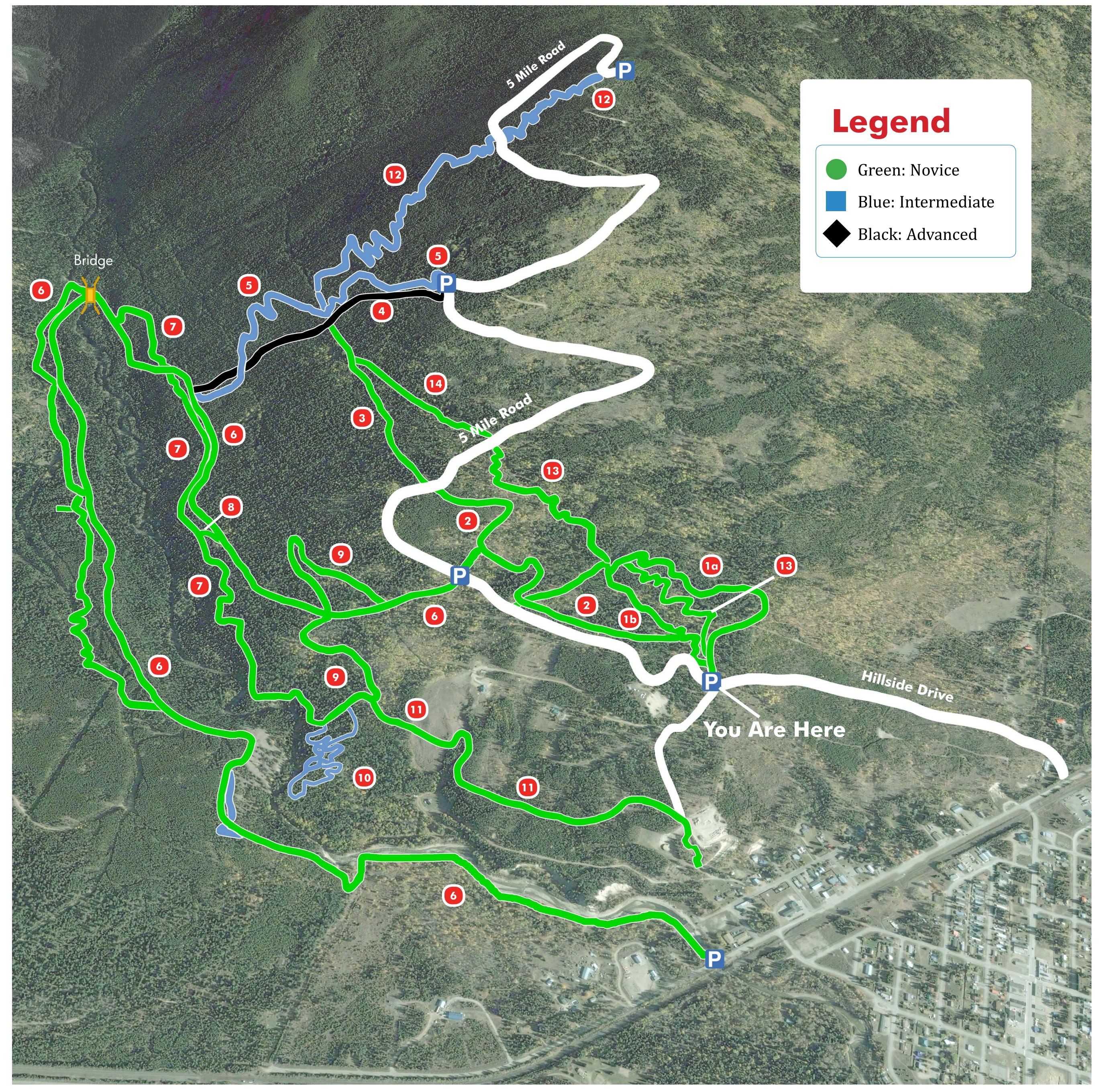
VALEMOUNT MOUNTAIN BIKE PARK Trails

10 Provincial Climb

This hand-made beginner to intermediate level climb begins directly from the lower staging area and finishes at the upper access to the Provincial Trail. From there it can be further linked by riding up Inversion or by continuing out to the main 5 Mile Road.

1 Provincial Down

A hand-made beginner downhill trail, suitable for all levels of riders. This trail is accessed via an older skid road about 0.75 km up the main road; it can also be accessed from the upper section of the Inversion Trail. For novice riders this may feel like a beginner downhill ride; for intermediate riders this may feel more like a cross country/enduro ride.



Tech Zone

This chain of 2.5 loops, situated in a small area, provides some technically challenging trails. Frequent and often dramatic changes in elevation combined with rock create a superb environment to get the legs burning. Access via the Swift Creek and Lower Climbing trail, the alignment twists and turns through the topography with numerous optional technical trail features and a combination of fast open turns and bench cut trail.

11 Ale Trail

Accessed off of the climb out of the Tech Zone or south end of the Southern Traverse this fast and flowy section of trails acts as another option to exit the trail system to either return to the lower staging area or to coast down to the Valemount town center.

Inversion 2

A hand-made cross country trail that is suitable for novice–intermediate riders. For novice riders this may feel like a beginner downhill ride; for intermediate riders this may feel more like a cross country ride. This trail intersects the Provincial trail at two separate occasions and gives riders a variety of choices. This is a great ride for anyone pedalling from the town site.

Mid DH Access or Exit

Access point to mid DH trails, a relatively easy pedal from town. Can also be used as an early exit from the DH to access Inversion

Andreas' Downhill

A very old school, hand-made fall line based downhill trail for advanced/expert riders. Steep and very rooty, this trail is NOT FOR BEGINNERS. This trail parallels the new Tinfoil Hat downhill with multiple intersections.

Tinfoil Hat

An intermediate level, new school downhill mountain bike trail. All jumps are table tops, and easy to be ridden over. Any drops or harder lines have ride-arounds to avoid the obstacle completely. There is a mid-point entrance, easily accessed by pedalling from the town site; however, this trail is best enjoyed by shuttle.

12 No name DH

The most advanced trail found within the proposed trail network, this downhill alignment is a feature rich 3.5-km adrenaline rush. More advanced than the Tin Foil Hat, this trail offers a more challenging descent to those looking to get a bit more technical. Trees lines, natural rock features and a 20-piece jump line are all highlights of this

13 No name Flow Trail

Designed to be the ultimate integration of all the various bicycling handling skills, the idea behind our flow trail is to provide a low risk, gravity assisted trail which users of variable skill level can use to develop their skills. 2 km of berms, rollers and manageable jumps will flow you to the lower staging area and guarantee to put a smile on your face.

14 Connector to Flow

A simple and easy pedal friendly 1-km trail that gets users from the DH trails over to the Flow Trail entrance. Just another option for a great ride.

Rules of the Trail

Swift Creek

This is a 10-km-long round trip ride on a hand built old school cross country trail. The finish will utilize a bit of town road to return to the 5 Mile Road and ultimately back up to the staging area.

Southern Traverse

A new school rolling cross country trail. Accessed via the main Swift Creek entrance at 1 km up 5 Mile Road. This section of trail measures 2.5 km. To get in and out will require the use of the other trails.

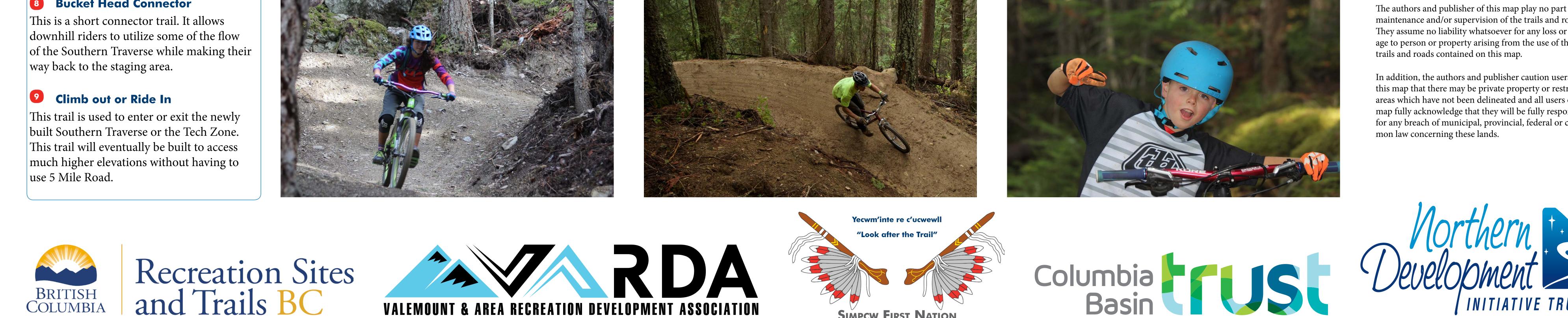
Bucket Head Connector 8

This is a short connector trail. It allows

Climb out or Ride In

This trail is used to enter or exit the newly built Southern Traverse or the Tech Zone. This trail will eventually be built to access





Please do your part to preserve and enhance our sport's access and image by observing the following rules of the trail, formulated by IMBA, the International Mountain Bicycling Association.

- 1. Ride on open trails only
- 2. Leave no trace
- 3. Control your bicycle
- 4. Always yield trail
- 5. Never scare animals
- 6. Know your equipment, ability & the area which you are riding and have appropriate safety gear
- 7. Please park in designated parking lots only and respect all private land notices
- 8. Respect new construction
- 9. Please donate to the trail maintenance

Disclaimer

The condition of the trails and roads contained on these maps are subject to change without warning and notice. Users must exercise extreme caution at all times and be aware of potential dangers such as poor weather/road conditions or unexpected traffic.

The authors and publisher of this map play no part in maintenance and/or supervision of the trails and roads. They assume no liability whatsoever for any loss or damage to person or property arising from the use of the

In addition, the authors and publisher caution users of this map that there may be private property or restricted areas which have not been delineated and all users of this map fully acknowledge that they will be fully responsible for any breach of municipal, provincial, federal or com-